# attached to and made part of Blue Cross and Blue Shield of Massachusetts, Inc. Dental Blue Policy BCBS-DENT (1-1-2014)

# **Schedule of Dental Benefits**

Pediatric Essential Benefits

This is the *Schedule of Dental Benefits* that is a part of your Dental Blue Policy. This schedule describes the dental services that are covered by your Dental Blue Policy for *members* who are eligible for pediatric essential dental benefits. It also shows the cost-sharing amounts you must pay for these *covered services*. Do not rely on this schedule alone. **You should read all parts of your Dental Blue Policy to become familiar with the key points. Be sure to read the descriptions of** *covered services* **and the limitations and exclusions. You should keep your Dental Blue Policy and this** *Schedule of Dental Benefits* **handy so that you can refer to them. The words that are shown in italics have special meanings. These words are explained in Part 8 of your Dental Blue Policy.** 

#### Who Is Eligible for Pediatric Essential Dental Benefits

The dental benefits described in this *Schedule of Dental Benefits* are provided for a *member* only until the end of the calendar month in which the *member* turns age 19.

#### **Annual Deductible**

Your deductible each plan year:	\$50 per <i>member</i> (no more than \$150 for three or
	more <i>members</i> who are eligible for pediatric
	essential dental benefits and who are enrolled under
	the same family membership)

The *deductible* is the cost you have to pay during the annual coverage period (as shown above) before benefits will be paid. The *deductible* applies to Group 2 and Group 3 services only. A *deductible* does <u>not</u> apply to Group 1 services or to Orthodontic services. See the chart that starts on the next page for how much you pay for *covered services* you receive after you meet the *deductible* (when it applies).

#### **Annual Out-of-Pocket Maximum**

	\$350 per <i>member</i> (no more than \$700 for two or more <i>members</i> who are eligible for pediatric	
	essential dental benefits and who are enrolled under	
	the same family membership)	l

Your *out-of-pocket maximum* is the most you could pay during the annual coverage period (as shown above) for your share of the costs for *covered services*—your cost-sharing amounts. This *out-of-pocket maximum* helps you plan for health care expenses. Even though you pay the following costs, they do not count toward your *out-of-pocket maximum*: your *premiums*; any *balance-billed* charges; all costs for dental services for *members* who are not eligible for pediatric essential dental benefits; and all services this dental plan does not cover.

## **Schedule of Dental Benefits** (continued)

Pediatric Essential Benefits

## Annual Overall Benefit Limit for What the Plan Pays

Your overall benefit limit:	None
-----------------------------	------

You do not have an overall benefit limit for pediatric essential dental benefits. But, there are limits that apply for specific *covered services*, such as for periodic oral exams. Some of these limits are described in this *Schedule of Dental Benefits* in the chart that starts below. **Do not rely on this chart alone.** Your dental policy along with this *Schedule of Dental Benefits* fully describes all of the limits and exclusions that apply for your dental benefits. Be sure to read all parts of your dental policy.

### What You Pay for Covered Services—Your Cost-Sharing Amounts

You should be sure to read all parts of your dental policy—including this *Schedule of Dental Benefits*—to understand the requirements that you must follow to receive your dental benefits. You will receive these dental benefits as long as:

- You are a *member* who is eligible to receive pediatric essential dental benefits.
- Your dental service is a covered service as described in this Schedule of Dental Benefits.
- Your dental service is necessary and appropriate.
- Your dental service conforms to Blue Cross and Blue Shield utilization review guidelines.
- You use a *participating dentist* to get a *covered service*. (The only exceptions are noted in your dental policy.)

Covered Services for Members Under Age 19		Your Cost Is*:
Group 1— Preventive Services and Diagnostic Services		No charge
Oral exams	<ul> <li>One complete initial oral exam per provider or location (includes initial history and charting of teeth and supporting structures)</li> <li>Periodic or routine oral exams; twice in a calendar year</li> <li>Oral exams for a <i>member</i> under age three; twice in a calendar year</li> <li>Limited oral exams; twice in a calendar year</li> </ul>	
X-rays	<ul> <li>Single tooth x-rays; no more than one per visit</li> <li>Bitewing x-rays; twice in a calendar year</li> <li>Full mouth x-rays; once in three calendar years per provider or location</li> <li>Panoramic x-rays; once in three calendar years per provider or location</li> </ul>	
Routine dental care	<ul> <li>Routine cleaning, minor scaling, and polishing of the teeth; twice in a calendar year</li> <li>Fluoride treatments; once in 90 days</li> <li>Sealants; once per tooth in three years per provider or location (sealants over restored tooth surfaces not covered)</li> <li>Space maintainers</li> </ul>	
Group 2—Basic Restorative Services		25% of allowed charge
Fillings	<ul> <li>Amalgam (silver) fillings; one filling per tooth surface in 12 months</li> <li>Composite resin (white) fillings; one filling per tooth surface in 12 months</li> </ul>	after deductible

# **Schedule of Dental Benefits** (continued)

Pediatric Essential Benefits

Covered Services	for Members Under Age 19	Your Cost Is*:
Group 2—Basic Re	storative Services (continued)	25% of allowed charge
Root canal treatment	<ul> <li>Root canals on permanent teeth; once per tooth</li> <li>Vital pulpotomy</li> <li>Retreatment of prior root canal on permanent teeth; once per tooth in 24 months</li> <li>Root end surgery on permanent teeth; once per tooth</li> </ul>	after deductible
Crowns (see also Group 3)	• Prefabricated stainless steel crowns; once per tooth	
Gum treatment	<ul> <li>(primary and permanent)</li> <li>Periodontal scaling and root planing; once per quadrant in 36 months</li> <li>Periodontal surgery; once per quadrant in 36 months</li> </ul>	
Prosthetic maintenance	<ul> <li>Repair of partial or complete dentures and bridges; once in 12 months</li> <li>Reline or rebase partial or complete dentures; once in 24 months</li> <li>Recementing of crowns, inlays, onlays, and fixed bridgework; once per tooth</li> </ul>	
Oral surgery	<ul> <li>Simple tooth extractions; once per tooth</li> <li>Erupted or exposed root removal; once per tooth</li> <li>Surgical extractions; once per tooth (approval required for complete, boney impactions)</li> <li>Other necessary oral surgery</li> </ul>	
Other necessary	• Dental care to relieve pain (palliative care)	
services	General anesthesia for covered oral surgery	
Group 3—Major Re		50% of allowed charge
Crowns	<ul> <li>Resin crowns; once per tooth in 60 months</li> <li>Porcelain/ceramic crowns; once per tooth in 60 months</li> <li>Porcelain fused to metal/high noble crowns; once per tooth in 60 months</li> </ul>	after deductible
Tooth replacement	<ul> <li>Removable complete or partial dentures, including services to fabricate, measure, fit, and adjust them; once in 84 months</li> <li>Fixed prosthetics, only if there is no other less expensive adequate dental service; once in 60 months</li> </ul>	
Other necessary services	<ul><li>Occlusal guards when necessary; once in calendar year</li><li>Fabrication of an athletic mouth guard</li></ul>	

# **Schedule of Dental Benefits** (continued)

Pediatric Essential Benefits

Covered Services for Members Under Age 19		Your Cost Is*:
Orthodontic Services		50% of allowed charge
Medically necessary orthodontic care that has been preauthorized for a qualified member	<ul> <li>Braces for a <i>member</i> who has a severe and handicapping malocclusion</li> <li>Related orthodontic services for a <i>member</i> who qualifies</li> </ul>	

<sup>\*</sup>Important Note: Your benefits will be calculated based on the *allowed charge*. In most cases, you will not have to pay charges that are more than the *allowed charge* when you use a *participating dentist* to furnish *covered services*. But, when you use a non-participating dentist, you may also have to pay all charges that are in excess of the *allowed charge* for *covered services*. This is called "balance billing." Refer to your dental policy for a more complete description of "allowed charge."