



MASSACHUSETTS

This program is available to employees only.

WALK YOUR WAY TO REWARDS

You can earn up to \$400* annually when you participate in **ahealthyme Rewards**®.



EARN BIG WITH AHEALTHYME REWARDS

Sign up for ahealthyme Rewards and get rewarded for making healthier choices every day.

You can also get a Max Buzz™ activity tracker at no additional cost.

POSTCARD PERFECT TREK

You're headed up North! This route starts in the Northern United States, winds through Canadian parks and cities, then heads back to Seattle for the finish line. Pick up your steps to travel the course and unlock new destinations.

Registration Starts: April 29, 2024

Challenge Starts: May 13, 2024

Challenge Ends: June 10, 2024

Sign Up

Sign in or register for an account at ahealthymerewards.com.

Be sure to connect your activity tracker. The more steps you log, the more rewards you can earn!

EARN POINTS WITH JOURNEYS®

These self-guided programs offer tips on how to eat healthy, reduce stress, manage your money, improve your sleep, and be more active—all while you earn points toward \$400 in annual rewards.

*Rewards may be considered a taxable form of income, please consult your tax advisor.



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Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: **711**).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: **711**).

ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: **711**).