THE CARE YOU NEED. WHENEVER AND WHEREVER.

Because guidance and advice should happen round the clock. Learn more about your medical care options to save you time and money at bluecrossma.org.

You have more ways than ever to get expert medical opinions and advice. Right when you need them.

Learn More

Visit bluecrossma.org to review your medical care options.
When you’re uncertain if your symptoms are serious or if an injury needs immediate care, get a nurse’s advice 24/7, even on holidays. And get answers at no additional cost to you. Speak to a registered nurse. Call 1-888-247-BLUE (2583).

**Best for:** advice on when to seek care or questions about your symptoms, or whether they might be serious.

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See a licensed doctor online in real time, without leaving home. Doctors on call on your device visit wellconnection.com.

**Best for:** colds, minor cuts, cough, wheezing, sore throat, headache or migraine, mild allergies, fever, skin rash, anxiety, depression.

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Go to your doctor’s office for scheduled checkups and for urgent health concerns that occur during office hours. Use Find a Doctor at bluecrossma.org.

**Best for:** asthma, minor burns, nausea, urination problems, back pain, minor injuries, suspected flu, sinus infection, behavioral health, conjunctivitis or other eye irritation.

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Go to a nearby urgent care center when you need immediate, in-person help for a non-life-threatening problem and you can’t see your doctor.

**Best for:** joint/muscle pain or injuries, nausea or diarrhea, respiratory issues, bites, cuts, concussion screening, stitches, asthma attack, X-rays, and suspected strep throat or bronchitis.

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Go to the nearest emergency room when you’re facing a life-threatening situation or think you could put your health in danger by delaying care.

The information in this document doesn’t replace the advice of a health care provider. You should speak to your provider about any specific health concerns.