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## Cardiology and Pulmonology MEDICAL POLICY GROUP

Co-chairs

Katherine Dallow, MD, MPH • Vice President • Clinical Programs and Strategy Desiree Otenti, ANP, MPH, Senior Director • Medical Policy Administration

| April 27 <sup>th</sup> 2021 | 12-2 pm | Conference call only.                                                                 |
|-----------------------------|---------|---------------------------------------------------------------------------------------|
|                             |         | Please email <a href="mailto:ebr@bcbsma.com">ebr@bcbsma.com</a> for more information. |

**Invited:** Katherine Dallow, MD, MPH, co-chair (Medical Policy Administration), Desiree Otenti, ANP, co-chair, (Medical Policy Administration); Grace Baker, MSW, LCSW, (Medical Policy Administration); Laura Barry, RN, BSN, (Medical Policy Administration); Craig Haug, MD, (Surgery); Thomas Hawkins, MD, (Internal Medicine); Kenneth Duckworth, MD, (Psychiatry); Peter Lakin, R.Ph, (Pharmacy Operations);

**Invited Physician Guest(s):** Representatives from the Massachusetts Society of Cardiology and Pulmonology

| Policies with Upcoming Coverage Updates |                                                                                                                                                                                             |  |
|-----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Bronchial Valves (313)                  | 6/2021: New medically necessary indications described. Bronchial Valves for the treatment of severe emphysema is considered medically necessary when criteria are met.                      |  |
| AIM Guideline –<br>Oncologic Imaging    | 5/1/2021: Alignment with updated United States Preventive Services Task Force USPSTF recommendation: Screening for lung cancer: USPSTF recommendation statement. JAMA. 2021;325(10):962-70. |  |
|                                         | Lung cancer screening                                                                                                                                                                       |  |
|                                         | Expanded low-dose CT screening for ages equal to or greater than 50 and less than or equal to 80                                                                                            |  |
|                                         | AND 20 or greater pack-year history of cigarette smoking                                                                                                                                    |  |

| Policies with Coverage Updates in the Past 12 Months                                         |                                                                                                                                                                                                                                                                                                                                                    |  |
|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Antihyperlipidemics (013)                                                                    | 8/2020: Updated to specify which meds are required to be filled at an in-network specialty pharmacy.                                                                                                                                                                                                                                               |  |
| Cardiac Rehabilitation<br>in the Outpatient<br>Setting (916)                                 | 1/2021: Policy clarified to indicate outpatient pediatric cardiac rehabilitation program for congenital heart disease is left to the discretion of the referring and/or ordering provider. Medicare information removed. See MP #132 Medicare Advantage Management for local coverage determination and national coverage determination reference. |  |
| Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty (219) | 10/1/2020: New medically necessary indications described for TCAR when all the policy criteria for Extracranial Carotid Stent Placement are met. Title changed.                                                                                                                                                                                    |  |
| Closure Devices for Patent Foramen Ovale and Atrial Septal Defects (121)                     | 1/2021: Policy clarified. Statement on PFO for individuals with history of cryptogenic stroke who have failed conventional drug therapy was removed. Failed medical therapy is not a requirement for PFO closure.                                                                                                                                  |  |
| Diagnostic Laboratory Services (139)                                                         | 4/2021: New medical policy describing coverage indications and limitations. Clarified coding information. Effective 4/1/2021.                                                                                                                                                                                                                      |  |

| Drugs for Cystic<br>Fibrosis (408)                                                                                | 2/2021: Updated to add New eligible mutations to the policy. 10/2020: Updated to include new age edit for Kalydeco™.                                                                                                                                                                                                                                                                                 |
|-------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| HETLIOZ tasimelteon (697)                                                                                         | 1/2021: Updated to add new indication to Hetlioz™.                                                                                                                                                                                                                                                                                                                                                   |
| Home Cardiorespiratory<br>Monitoring (224)                                                                        | 12/2020: BCBSA National medical policy review. Policy edited to improve overall readability and increase clarity of the policy statements. New not medically necessary indications described for cardiopulmonary evaluation in lower-risk infants following a brief resolved unexplained event (BRUE), which was previously known as an apparent life-threatening event (ALTE). Effective 12/1/2020. |
| Injectable Asthma<br>Medications (017)                                                                            | 1/2021: Updated to add new indication for Xolair. 10/2020: Updated to add new indication for Nucala ®. Removed deleted codes                                                                                                                                                                                                                                                                         |
| Implantable Cardioverter Defibrillator (070)                                                                      | 10/2020: BCBSA National medical policy review. New medically necessary indications described for patients with cardiac sarcoid with conditions. Clarified coding information. Effective 10/1/2020.                                                                                                                                                                                                   |
| Laboratory Tests Post<br>Transplant and for<br>Heart Failure (530)                                                | 12/2020: BCBSA National medical policy review. Content from policy #723 ST2 Assay for Chronic Heart Failure and Heart Transplant Rejection was merged into this policy. Title changed to: Laboratory Tests Post Transplant and for Heart Failure.                                                                                                                                                    |
| Outpatient Prior Authorization Code List (072)                                                                    | 11/1/2020: HCPCS code G0277 added. Prior authorization is required for Commercial Managed Care (HMO and POS). G0277 Hyperbaric oxygen under pressure, full body chamber, per 30-minute interval                                                                                                                                                                                                      |
| Oscillatory Devices for<br>the Treatment of Cystic<br>Fibrosis and Other<br>Respiratory Disorders<br>(120)        | 9/2020: Policy criteria on high frequency chest compression device revised based on expert opinion. New medically necessary indications added for chronic neuromuscular disorder. Clarified coding information. Effective 9/1/2020.                                                                                                                                                                  |
| Special Foods (304)                                                                                               | 2/2021: Updated to add coverage for Relizorb ® to the policy.                                                                                                                                                                                                                                                                                                                                        |
| Testing Serum Vitamin D Levels (746)                                                                              | 3/2021: Policy clarified to include coverage for rheumatoid arthritis. References added.                                                                                                                                                                                                                                                                                                             |
| AIM Specialty Health Updated Guidelines *Please view proposed changes on AIM Website under Clinical UM guidelines | <ul> <li>1/4/2021:         <ul> <li>AIM Genetic Testing for Hereditary Cancer Susceptibility</li> <li>AIM Genetic Testing - Molecular Testing of Solid and Hematology Tumors and Malignancies</li> </ul> </li> <li>3/14/2021:         <ul> <li>AIM Advanced Imaging/ Radiology Imaging of the Chest</li> </ul> </li> </ul>                                                                           |

| Liquid Biopsy (797)                                                      | January 4th 2021 – Policy is retired. Circulating Tumor DNA and Circulating Tumor Cells for Cancer Management (liquid biopsy) transitioned to AIM. Please see: <u>AIM Clinical Appropriateness Guidelines.</u> |
|--------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ST2 Assay for Chronic<br>Heart Failure and Heart<br>Transplant Rejection | 12/1/2021: Policy is retired. Investigational statements merged into policy #530 Laboratory Tests Post Transplant and for Heart Failure.                                                                       |

## **Policies with No Coverage Updates**

- 1. Actigraphy (533)
- 2. Ambulatory Event Monitors and Mobile Outpatient Cardiac Telemetry (347)
- 3. <u>Automated Ambulatory Blood Pressure Monitoring for the Diagnosis of Hypertension in Patients with Elevated</u>
  Office Blood Pressure (206)
- 4. Baroreflex Stimulation Devices (595)
- 5. Benign Prostatic Hyperplasia BPH Medications (040)
- 6. Biventricular Pacemakers Cardiac Resynchronization Therapy for the Treatment of Heart Failure (101)
- 7. Bronchial Thermoplasty (284)
- 8. B-Type Natriuretic Peptide (031)
- 9. Cardiac Hemodynamic Monitoring for the Management of Heart Failure in the Outpatient Setting (287)
- 10. Cardiovascular Risk Panels (664)
- 11. Catheter Ablation as Treatment for Atrial Fibrillation (141)
- 12. Chelation Therapy (122)
- 13. Complementary Medicine (178)
- 14. Diaphragmatic/Phrenic Nerve Stimulation and Diaphragm Pacing Systems (593)
- 15. Electromagnetic Navigation Bronchoscopy (203)
- 16. End-Diastolic Pneumatic Compression Boot as a Treatment of Peripheral Vascular Disease or Lymphedema (648)
- 17. Endobronchial Brachytherapy (091)
- 18. Endovascular Procedures for Intracranial Arterial Disease Atherosclerosis and Aneurysms (323)
- 19. Endovascular Stent Grafts for Abdominal Aortic Aneurysms (098)
- 20. Endovascular Stent Grafts for Disorders of the Thoracic Aorta (233)
- 21. Enhanced External Counterpulsation EECP for Chronic Stable Angina or Congestive Heart Failure (649)
- 22. Extracorporeal Membrane Oxygenation ECMO (726)
- 23. Extracorporeal Photopheresis (248)
- 24. High-Sensitivity C-Reactive Protein (032)
- 25. <u>Homocysteine Testing in the Screening, Diagnosis, and Management of Cardiovascular Disease and Venous Thromboembolic Disease (016)</u>
- 26. Hyperbaric Oxygen Therapy (653)
- 27. Identification of Microorganisms Using Nucleic Acid Probes (555)
- 28. Inhaled Nitric Oxide as a Treatment of Hypoxic Respiratory Failure in Neonates (100)
- 29. Influenza Drugs Tamiflu and Relenza (440)
- 30. Intracellular Micronutrient Analysis (073)
- 31. Intraoperative Neurophysiologic Monitoring Sensory-Evoked Potentials, Motor-Evoked Potentials, EEG Monitoring (211)
- 32. Leadless Cardiac Pacemakers (038)
- 33. <u>Left-Atrial Appendage Closure Devices for Stroke Prevention in Atrial Fibrillation (334)</u>
- 34. Lung Volume Reduction Surgery for Severe Emphysema (364)
- 35. Measurement of Exhaled Nitric Oxide and Exhaled Breath Condensate in the Diagnosis and Management of Respiratory Disorders (524)
- 36. Measurement of Lipoprotein-Associated Phospholipase A2 Lp-PLA2 in the Assessment of Cardiovascular Risk (558)
- 37. Minimally Invasive Coronary Artery Bypass Graft Surgery (553)

- 38. Molecular Testing in the Management of Pulmonary Nodules (029)
- 39. Myocardial Sympathetic Innervation Imaging in Patients with Heart Failure (576)
- 40. Myocardial Strain Imaging (112)
- 41. Non-Invasive Vascular Studies Duplex Scans (691)
- 42. Novel Biomarkers in Risk Assessment and Management of Cardiovascular Disease (283)
- 43. Oncologic Applications of Photodynamic Therapy, Including Barretts Esophagus (454)
- 44. Open and Thoracoscopic Approaches to Treat Atrial Fibrillation Maze and Related Procedures (356)
- 45. Optical Coherence Tomography for Imaging of Coronary Arteries (915)
- 46. Outpatient Pulmonary Rehabilitation (136)
- 47. Phosphodiesterase Type-5 Inhibitors for Pulmonary Arterial Hypertension (036)
- 48. Phrenic Nerve Stimulation for Central Sleep Apnea (955)
- 49. Progenitor Cell Therapy for the Treatment of Damaged Myocardium Due to Ischemia (652)
- 50. Radiofrequency Ablation of the Renal Sympathetic Nerves as a Treatment for Resistant Hypertension (919)
- 51. Signal-Averaged Electrocardiography SAECG (134)
- 52. Surgical Treatment of Snoring and Obstructive Sleep Apnea Syndrome (130)
- 53. Surgical Ventricular Restoration (544)
- 54. Total Artificial Hearts and Implantable Ventricular Assist Devices (280)
- 55. Transcatheter Aortic-Valve Implantation for Aortic Stenosis (392)
- 56. Transcatheter Mitral Valve Repair (692)
- 57. Transcatheter Pulmonary Valve Implantation (403)
- 58. Transmyocardial Revascularization (651)
- 59. <u>Ultrafiltration in Decompensated Heart Failure (542)</u>
- 60. <u>Ultrasonographic Measurement of Carotid Intima-Medial Thickness as an Assessment of Subclinical Atherosclerosis (547)</u>
- 61. Vertical Expandable Prosthetic Titanium Rib (305)
- 62. Vestibular Function Testing (024)
- 63. Wearable Cardioverter Defibrillators (042)
- 64. Wireless Pressure Sensors in Endovascular Aneurysm Repair (306)
- 65. Whole-Body Computed Tomography Scan as a Screening Test (447)
- 66. Medical Technology Assessment Non-covered Services (400)

|                                                   | Reference Policies                                                                                                                                                                                                                                                                                                                                                                                                                                                            |  |  |
|---------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Outpatient Prior Authorization<br>Code List (072) | New policy outlining procedure codes that require prior authorization when performed in the outpatient setting.                                                                                                                                                                                                                                                                                                                                                               |  |  |
| Compound Drug List (704)                          | Pharmacy Compound Inclusion List for MP 579 Compounded Medications                                                                                                                                                                                                                                                                                                                                                                                                            |  |  |
| Compound Exclusion List (705)                     | Compounded Exclusion List of Bulk Chemicals for MP 579 Compounded Medications                                                                                                                                                                                                                                                                                                                                                                                                 |  |  |
| MED UM Drug List (034)                            | Medications requiring Prior Authorization when covered under the member's medical benefits and administered in the outpatient setting.                                                                                                                                                                                                                                                                                                                                        |  |  |
| Medicare Advantage<br>Management ( <u>132</u> )   | BCBSMA is required to make coverage determinations for services that each Medicare Administrative Contractor (MAC)* publishes as the Local Coverage Determination. The LCDs utilized for coverage determinations are based on the jurisdiction of the member's residency (unless otherwise specified by CMS). When there is no LCD or benefit statement that addresses the service/procedure, BCBSMA Commercial medical policies are followed for Medicare Advantage members. |  |  |
| AIM Specialty Health<br>Guidelines                | AIM Specialty Health Advanced Imaging/ Radiology and Sleep Disorder Management Program Policies: AIM Advanced Imaging Radiology, #968 AIM High Technology Radiology Management Program CPT and HCPCS Codes (900) AIM Sleep Disorder Management, #969                                                                                                                                                                                                                          |  |  |

AIM Sleep Disorder Management CPT and HCPCS Codes, #970
AIM Advanced Imaging/ Radiology and Sleep Disorder Management Redirect,
#923

AIM Specialty Health Genetic Testing Management Program Policies:

AIM Genetic Testing Management Program, #954

AIM Genetic Testing Management Program CPT and HCPCS Codes, #957

## **Effective 7/1/2021:**

AIM Specialty Health Quality Care Cancer Program Policies:

Quality Care Cancer Program (Medical Oncology) 099 Supportive Care Treatments for Patients with Cancer 105

For questions: <a href="mailto:ebr@bcbsma.com">ebr@bcbsma.com</a>