



MASSACHUSETTS

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# Artificial Intervertebral Disc: Cervical Spine Prior Authorization Request Form #952

## Medical Policy #585 Artificial Intervertebral Disc: Cervical Spine

Please use this form to assist in identifying members who meet Blue Cross Blue Shield of Massachusetts' (BCBSMA's) medical necessity criteria for Artificial Intervertebral Disc: Cervical Spine. For members who do not meet the criteria, submit a letter of medical necessity with a request for [Clinical Exception \(Individual Consideration\)](#). Once completed, fax to:

|   |   |
|---|---|
| <b>Medical and Surgical: 1-888-282-0780</b> | <b>Medicare Advantage: 1-800-447-2994</b> |
|---|---|

### CLINICAL DOCUMENTATION

Copies of clinical documentation that supports the medical necessity criteria for [Artificial Intervertebral Disc: Cervical Spine](#) must be submitted with this form. **If the patient does not meet all the criteria listed below, please submit a letter of medical necessity explaining why an exception is justified.**

| Patient Information |  |
|---------------------|--|
| Patient Name:       | Today's Date:  |
| BCBSMA ID#:         | Date of Treatment:   |
| Date of Birth:      | Place of Service: Outpatient <input type="checkbox"/> Inpatient <input type="checkbox"/> |

| Physician Information | Facility Information |
|-----------------------|----------------------|
| Name:                 | Name:                |
| Address:              | Address:             |
| Phone #:              | Phone #:             |
| Fax#:                 | Fax#:                |
| NPI#:                 | NPI#:                |

### CERVICAL ARTIFICIAL INTERVERTEBRAL DISC IMPLANTATION

| Please check off if the procedure being requested is the following: |                          |
|---|--------------------------|
| Cervical artificial intervertebral disc implantation.               | <input type="checkbox"/> |

| Please check off if the device is FDA-approved and the patient meets <u>ALL</u> of the following criteria:  |                          |
|---|--------------------------|
| 1. The device is approved by FDA.   | <input type="checkbox"/> |
| 2. The patient is skeletally mature   | <input type="checkbox"/> |
| 3. The patient has intractable cervical radicular pain or myelopathy: <ul style="list-style-type: none"> <li>Which has failed at least 6 weeks of conservative nonoperative treatment, including active pain management program or protocol, under the direction of a physician, with pharmacotherapy that addresses neuropathic pain and other pain sources AND physical therapy; <b>OR</b></li> </ul> | <input type="checkbox"/> |

|   |                          |
|---|--------------------------|
| <ul style="list-style-type: none"> <li>If the patient has severe or rapidly progressive symptoms of nerve root or spinal cord compression requiring hospitalization or immediate surgical treatment.</li> </ul> |                          |
| 4. Degeneration is documented by magnetic resonance imaging (MRI), computed tomography (CT), or myelography   | <input type="checkbox"/> |
| 5. Cervical degenerative disc disease is from C3-C7   | <input type="checkbox"/> |
| 6. The patient is free from contraindication to cervical disc arthroplasty.   | <input type="checkbox"/> |

### SIMULTANEOUS CERVICAL ARTIFICIAL INTERVERTEBRAL DISC IMPLANTATION

|   |                          |
|---|--------------------------|
| <b>Please check off if the procedure being requested is the following and the above criteria are met for each disc level</b>                |                          |
| Simultaneous cervical disc arthroplasty at a second contiguous level and the device is FDA-approved for 2 levels (ie, Mobi-C, Prestige LP). | <input type="checkbox"/> |

### SUBSEQUENT CERVICAL ARTIFICIAL INTERVERTEBRAL DISC IMPLANTATION

|  |                          |
|--|--------------------------|
| <b>Please check off if the procedure being requested is the following:</b> |                          |
| Subsequent cervical disc arthroplasty at an adjacent level.                | <input type="checkbox"/> |

|   |                          |
|---|--------------------------|
| <b>Please check off if <u>ALL</u> of the following criteria are met:</b>  |                          |
| Criteria 1 to 6 above are met; <b>AND</b>   | <input type="checkbox"/> |
| The device is FDA-approved for 2 levels; <b>AND</b>   | <input type="checkbox"/> |
| The planned subsequent procedure is at a different cervical level than the initial cervical artificial disc replacement; <b>AND</b> | <input type="checkbox"/> |
| Clinical documentation that the initial cervical disc arthroplasty is fully healed.   | <input type="checkbox"/> |

**Note:** Cervical disc arthroplasty is considered **INVESTIGATIONAL** for all other indications, including the following:

- Disc implantation at more than 2 levels
- Combined use of an artificial cervical disc and fusion
- Prior surgery at the treated level
- Previous fusion at another cervical level
- Translational instability
- Anatomical deformity (eg, ankylosing spondylitis)
- Rheumatoid arthritis or other autoimmune disease
- Presence of facet arthritis
- Active infection, systemic or local
- Metabolic bone disease (eg, osteoporosis, osteopenia, osteomalacia)
- Neck or arm pain of unknown etiology
- Absence of neck and/or arm pain
- Progressive neurological deficit or deterioration
- Paget's disease, osteomalacia or any other metabolic bone disease
- Malignancy.
- There is radiological evidence of ANY of the following:
  - clinically significant cervical instability, such as kyphotic deformity or spondylolisthesis (e.g., > 3.5 mm subluxation or > 11 degrees angulation)
  - significant cervical anatomical deformity or compromised vertebral bodies at the index level (e.g., ankylosing spondylitis, rheumatoid arthritis, or compromise due to current or past trauma)
  - spinal metastases.
- Non-FDA–approved cervical disc prosthesis.

**CPT CODES/ HCPCS CODES**

| <b>Please check off all the relevant CPT codes:</b> |  |                          |
|---|--|--------------------------|
| 22856   | Total disc arthroplasty (artificial disc), anterior approach, including discectomy with end plate preparation (includes osteophyctomy for nerve root or spinal cord decompression and microdissection), single interspace, cervical  | <input type="checkbox"/> |
| 22858   | Total disc arthroplasty (artificial disc), anterior approach, including discectomy with end plate preparation (includes osteophyctomy for nerve root or spinal cord decompression and microdissection); second level, cervical (List separately in addition to code for primary procedure) | <input type="checkbox"/> |

Providers should enter the relevant diagnosis code(s) below:

| <b>Code</b> | <b>Description</b> |                          |
|-------------|--------------------|--------------------------|
|             |                    | <input type="checkbox"/> |
|             |                    | <input type="checkbox"/> |

Providers should enter other relevant code(s) below:

| <b>Code</b> | <b>Description</b> |                          |
|-------------|--------------------|--------------------------|
|             |                    | <input type="checkbox"/> |
|             |                    | <input type="checkbox"/> |