

## Compound Exclusion List for Pharmacy Medical Policy 579, Compounded Medications

<u>Category</u>	<u>Examples</u>	<u>Rationale</u>
PROPRIETARY BASES	<ul> <li>Base Cream Liposome</li> <li>Lipo Cream Base</li> <li>Lipopen Ultra Cream</li> <li>Mediderm Cream Base</li> <li>PCCA Custom Lipo-Max Cream</li> <li>PCCA Lipoderm Base</li> <li>PCCA Pracasil Plus Base</li> <li>Penderm Cream</li> <li>Pentravan Cream/Cream Plus</li> <li>PLO Transdermal Cream</li> <li>Salt Stable Cream</li> <li>Salt Stable LS Advanced Cream</li> <li>Transdermal Pain Base Cream</li> <li>Versabase Gel</li> <li>Versapro Cream</li> <li>VersaPro Gel</li> <li>Versatile Cream Base</li> </ul>	Select bases associated with very high per gram costs and lack of high-quality clinical evidence to support benefit for use in compounds.
HORMONE & ADRENAL BULK POWDERS	ANDROGENS (e.g., danazol, methyltestosterone) CORTICOSTEROIDS (e.g., betamethasone sodium phosphate, cortisone acetate) ESTROGENS (e.g., estriol micronized, estradiol) PROGESTINS (e.g., norethindrone acetate, progesterone)	Hormone replacement therapy (HRT), including those with bio- identical hormones, is commonly formulated into a variety of compound dosage forms. Insufficient clinical evidence exists for safety or effectiveness of compounded HRT. FDA-approved formulations of bio-identical hormones are available.



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DRUG SPECIFIC BULK POWDERS	ANALGESICS (e.g., sodium salicylate, aspirin) ANTI-INFECTIVES (e.g., amphotericin B, cidofovir, fluconazole, itraconazole) ANTI-INFLAMMATORY AGENTS (e.g., fenoprofen calcium, flurbiprofen) ANTIADRENERGICS (e.g., clonidine) ANTIDEPRESSANTS (e.g., trazodone hydrochloride, desipramine hydrochloride) MUSCLE RELAXANTS (e.g., baclofen, carisoprodol, cyclobenzaprine) NEUROPATHIC AGENTS (e.g., droperidol, chlorpromazine hydrochloride, lithium carbonate, phenobarbital, caffeine) OPIOIDS (e.g., codeine phosphate, fentanyl citrate, morphine)	Included routinely in topical compounds. Bulk powder forms of these drug chemicals have not been adequately studied for transdermal administration. Efficacy and safety are unknown. FDA-approved drugs for transdermal administration are available for some drugs in these therapeutic classes.
BULK NUTRIENTS	ALTERNATIVE MEDICINES (e.g., resveratrol, coenzyme Q10) AMINO ACIDS (e.g., calcium amino acid chelate 30%, magnesium amino acid chelate 20%) MINERALS, ELECTROLYTES (e.g., sodium acetate, calcium carbonate) VITAMINS (e.g., thiamine hydrochloride, niacin)	Commercial enteral nutritional products are available when needed for specific dietary management of certain diseases or conditions (e.g., low protein products for renal failure patients).



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BULK COMPOUNDING AGENTS	ALKALIZING AGENTS (e.g., trolamine liquid) ANTISEPTICS, DISINFECTANTS (e.g., glutaral, phenol) PIGMENTS (e.g., methoxsalen, hydroquinone) SURFACTANTS (e.g., polyoxyl 40 stearate) VEHICLES (e.g., ethyl alcohol 100%, lidocaine-prilocaine cream 2- 2%, methylcellulose gel, guar gum, fixed oil suspension vehicle-liquid)	Ingredients commonly used in topical formulations to promote absorption, tolerance or palatability as seen with compounds for cosmetic uses.
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BULK INGREDIENTS, MISC.	ANESTHETICS (e.g., benzocaine, cocaine hydrochloride, ketamine) CHELATING AGENTS (e.g., penicillamine) DIGESTIVE ENZYMES (e.g., pepsin) KERATOLYTICS (e.g., cantharidin, podophyllum resin) NEUROPATHIC AGENTS (e.g., gabapentin)	Additional ingredients found in various compounds for which there is insufficient clinical evidence of safety or effectiveness.
COMPOUNDING KITS	<ul> <li>Naproxen sodium-Gabapentin cream 5-10%</li> <li>Amitriptyline hydrochloride cream 2%</li> <li>Diclofenac sodium cream 2.5%</li> <li>Diphenhydramine for oral suspension 5 mg/mL</li> <li>Estradiol micronized cream 0.6% cream</li> <li>Flurbiprofen-Cyclobenzaprine cream</li> <li>Ketoprofen cream 20%</li> <li>Lansoprazole suspension 3 mg/mL</li> <li>Lidocaine cream 10%</li> <li>Lidocaine and Tetracaine with Epinephrine</li> <li>Omeprazole suspension 2 mg/mL</li> <li>Progesterone micronized transdermal cream 10%</li> <li>Progesterone suppositories</li> <li>Terbinafine-Miconazole solution 2.5-2%</li> <li>Prednisolone-Moxifloxacin ophthalmic solution 1-0.5%</li> <li>Tramadol hydrochloride oral suspension 10 mg/mL</li> <li>Testosterone cream 0.2%</li> </ul>	Kits formulated for ease of compounding lack high-quality clinical evidence to support benefit for use. Insufficient clinical evidence exists for safety or effectiveness for combination, strength and/or route of administration for some compounding kits. FDA- approved drugs are available for some drugs in these therapeutic classes.