



## MASSACHUSETTS

Blue Cross Blue Shield of Massachusetts is an Independent Licensee of the Blue Cross and Blue Shield Association

# Medical Policy

## Ground Ambulance

### Table of Contents

- [Policy: Commercial](#)
- [Authorization Information](#)
- [Coding Information](#)
- [Description](#)
- [Policy History](#)
- [Information Pertaining to All Policies](#)

### Policy Number: 146

BCBSA Reference Number: N/A

### Related Policies

Air Ambulance Transport #142

### Policy

#### Commercial Members: Managed Care (HMO and POS), PPO, and Indemnity

Coverage Guidelines: Ambulance services are covered as outlined by each Blue Cross member's benefit design or subscriber certificate.

Non-emergent ambulance transport is considered **MEDICALLY NECESSARY** when all the following criteria are met:

- The member is bed-confined. Bed-confined is defined as:
  - Unable to get out of bed without assistance; **and**
  - Unable to ambulate; **and**
  - Unable to sit in a chair or wheelchair
- Transportation using a mode other than an ambulance will precipitate an adverse event or would be medically contraindicated
- Diagnosis and present clinical condition justify ambulance transport
- Transportation is to a covered destination.

Non-emergent ambulance transport is considered **NOT MEDICALLY NECESSARY** in **any** of these circumstances:

- For the member's convenience instead of medical necessity
- If the member can be moved by a wheelchair
- If the member is not bed-confined
- If the member can be moved or travel by a special van or other means
- For the convenience of the doctor or staff
- For the convenience of the member or their family
- From a residential facility to member's home
- From a member's home to a residential facility
- From one residential facility to another

- For travel to the individual's doctor's office.

## Prior Authorization Information

### Inpatient

- For services described in this policy, precertification/preauthorization **IS REQUIRED** for all products if the procedure is performed **inpatient**.

### Outpatient

- For services described in this policy, see below for products where prior authorization **might be required** if the procedure is performed **outpatient**.

|  | Outpatient  |
|--|---|
| <b>Commercial Managed Care (HMO and POS)</b><br><br><b>For Managed Care Members (HMO Blue,<sup>®</sup> Blue Choice,<sup>®</sup> Access Blue)</b> | Prior authorization is <b>required</b> . <ul style="list-style-type: none"> <li>• All non-emergent ambulance transports from a member's home or residence<sup>1</sup> to a contracted facility or provider</li> <li>• Chair car/van</li> </ul><br>Prior authorization is <b>not required for</b> : <ul style="list-style-type: none"> <li>• Emergency transports</li> <li>• Non-emergency ambulance transports between facilities when the patient is an inpatient</li> <li>• Involuntary transport to a psychiatric facility</li> </ul><br><sup>1</sup> A member's "residence" is defined as the place where he or she makes their home and dwells permanently, or for an extended period of time. |
| <b>Commercial PPO and Indemnity</b>  | Prior authorization is <b>not required for</b> : <ul style="list-style-type: none"> <li>• Any ground ambulance services</li> <li>• Involuntary transport to a psychiatric facility</li> <li>• Air ambulances</li> </ul><br>Note: all air ambulance claims must be submitted with supporting documentation and will be reviewed for medical necessity.   |

### Requesting Prior Authorization Using Authorization Manager

Providers will need to use [Authorization Manager](#) to submit initial authorization requests for services. Authorization Manager, available 24/7, is the quickest way to review authorization requirements, request authorizations, submit clinical documentation, check existing case status, and view/print the decision letter. For commercial members, the requests must meet medical policy guidelines.

To ensure the service request is processed accurately and quickly:

- Enter the facility's NPI or provider ID for where services are being performed.
- Enter the appropriate surgeon's NPI or provider ID as the servicing provider, *not* the billing group.

### Authorization Manager Resources

Refer to our [Authorization Manager](#) page for tips, guides, and video demonstrations.

**For out of network providers:** Requests should still be faxed to 1-888-282-0780.

## CPT Codes / HCPCS Codes / ICD Codes

*Inclusion or exclusion of a code does not constitute or imply member coverage or provider reimbursement. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage as it applies to an individual member.*

Providers should report all services using the most up-to-date industry-standard procedure, revenue, and diagnosis codes, including modifiers where applicable.

The following codes are included below for informational purposes only; this is not an all-inclusive list.

### Non-Covered Codes for Non-Emergent Transports

Because these codes do not meet the coverage criteria described on the previous table, we do not cover these transports or review them for medical necessity.

| <b>Billing Code</b> | <b>Description of Service</b>                          |
|---------------------|--|
| DP                  | Diagnostic to medical doctor's office (MDO)            |
| DS                  | Diagnostic to scene of accident                        |
| DX                  | Diagnostic to intermediate stop                        |
| EP                  | Residential/custodial to medical doctor's office (MDO) |
| ER                  | Residential/custodial to residence                     |
| ES                  | Residential/custodial to scene of accident             |
| EX                  | Residential/custodial to intermediate stop             |
| HP                  | Hospital to medical doctor's office (MDO)              |
| HS                  | Hospital to scene of accident                          |
| HX                  | Hospital to intermediate stop                          |
| IR                  | Site of transfer (helicopter pad) to residence         |
| NP                  | SNF to medical doctor's office (MDO)                   |
| NS                  | SNF to scene of accident                               |
| NX                  | SNF to intermediate stop                               |
| PE                  | Medical doctor's office (MDO) to residential/custodial |
| PN                  | Medical doctor's office to SNF                         |
| PP                  | Medical doctor's office (MDO) to MDO                   |
| PR                  | Medical doctor's office (MDO) to residence             |
| PS                  | Medical doctor's office (MDO) to scene of accident     |
| PX                  | Medical doctor's office (MDO) to intermediate stop     |
| RE                  | Residence to residential/custodial                     |
| RI                  | Residence to site of transfer (helicopter pad)         |
| RP                  | Residence to medical doctor's office (MDO)             |
| RR                  | Residence to residence                                 |
| RS                  | Residence to scene of accident                         |
| RX                  | Residence to intermediate stop                         |
| SE                  | Scene of accident to residential/custodial             |
| SN                  | Scene of accident to SNF                               |
| SR                  | Scene of accident to residence                         |
| SS                  | Scene of accident to scene of accident                 |
| SX                  | Scene of accident to intermediate stop                 |

The above medical necessity criteria **MUST** be met for the following codes to be covered for Commercial Members: Managed Care (HMO and POS), PPO, and Indemnity:

### HCPCS Codes

| <b>HCPCS codes:</b> | <b>Code Description</b>  |
|---------------------|--|
| A0426               | Ambulance service, advanced life support, non-emergency transport, level 1 (ALS 1) |
| A0428               | Ambulance service, basic life support, nonemergency transport, (BLS)               |

## Description

Non-emergent transport includes an ambulance that is required to take a member from home/residence to facility to receive care or from a facility to home after receiving care. It also includes an ambulance that is needed for a behavioral health condition.

## Policy History

| Date      | Action   |
|-----------|--|
| 9/2023    | Policy clarified to include prior authorization requests using Authorization Manager.  |
| 4/2021    | Clinical UM criteria on Ground Ambulance moved medical policy. Effective 4/1/2021.   |
| 2008-2020 | Ground ambulance clinical UM criteria. Review Dates: April 14, 2008; April 29, 2009; May 3, 2010; April 7, 2011; April 9, 2012; April 11, 2013; April 10, 2014; March 30, 2015; March 24, 2016; March 21, 2017; March 27, 2018; March 22, 2019; June 10, 2019. |
| 3/2007    | Ground ambulance clinical UM criteria. Original effective date: March 22, 2007.  |

## Information Pertaining to All Blue Cross Blue Shield Medical Policies

Click on any of the following terms to access the relevant information:

[Medical Policy Terms of Use](#)

[Managed Care Guidelines](#)

[Indemnity/PPO Guidelines](#)

[Clinical Exception Process](#)

[Medical Technology Assessment Guidelines](#)