



# MASSACHUSETTS

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## Pharmacy Medical Policy Botulinum Toxin Injections

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### Policy Number: 006

BCBSA Reference Number: 5.01.05 & 8.01.19

### Related Policies

- Formulary Exception Form [#434](#)

### Prior Authorization Information

Policy	<input checked="" type="checkbox"/> <b>Prior Authorization</b> <input type="checkbox"/> Step Therapy <input type="checkbox"/> Quantity Limit <input type="checkbox"/> Administrative	Reviewing Department	<b>Pharmacy Operations:</b>
		Policy Effective Date	Tel: 1-800-366-7778 Fax: 1-800-583-6289 <b>7/2024</b>
Pharmacy (Rx) or Medical (MED) benefit coverage	<input checked="" type="checkbox"/> <b>Rx (Specialty Network Access)</b> <input type="checkbox"/> MED	<b>To request for coverage:</b> Providers may call, fax, or mail the attached form ( <a href="#">Formulary Exception/Prior Authorization form</a> ) to the address below.	
<b>Policy applies to Commercial Members:</b> <ul style="list-style-type: none"> <li>• Managed Care (HMO and POS),</li> <li>• PPO and Indemnity</li> <li>• MEDEX with Rx plan</li> <li>• Managed Major Medical with Custom BCBSMA Formulary</li> <li>• Comprehensive Managed Major Medical with Custom BCBSMA Formulary</li> <li>• Managed Blue for Seniors with Custom BCBSMA Formulary</li> </ul> <b>Policy does NOT apply to:</b> <ul style="list-style-type: none"> <li>• Medicare Advantage</li> </ul>		<b>Blue Cross Blue Shield of Massachusetts Pharmacy Operations Department</b> 25 Technology Place Hingham, MA 02043 Tel: 1-800-366-7778 Fax: 1-800-583-6289  <b>Individual Consideration for the atypical patient:</b> Policy for requests that do not meet clinical criteria of this policy, see section labeled <a href="#">Individual Consideration</a>	

### Summary

Botulinum is a family of toxins produced by the anaerobic organism *Clostridia botulinum*. Multiple formulations of botulinum toxin have been approved by the U.S. Food and Drug Administration (FDA). Labeled indications of these agents differ. Botulinum toxin products are also used for a range of off-label indications. This is a comprehensive policy covering the preferred covered formulary agents as well as covered label and off-label indications.

BCBSMA formulary status of botulinum toxin agents is as follows:

Drug	Formulary Status (BCBSMA Commercial Plan)	FDA-approved Covered Indication
<b>Preferred Toxins</b>		
<b>Botox™</b> (onabotulinumtoxin a)	Preferred; PA required	Overactive bladder, Urinary incontinence, Limb spasticity, Chronic migraine, Cervical dystonia, Severe axillary hyperhidrosis, Blepharospasm, Strabismus, Chronic sialorrhea
<b>Dysport™</b> (botulinum toxin a)	Preferred; PA required	Limb spasticity, Cervical dystonia
<b>Non-Preferred Toxins</b>		
<b>Myobloc™</b> (rimabotulinumtoxin b)	NFNC, PA	Cervical dystonia, Chronic sialorrhea
<b>Xeomin®</b> (incobotulinumtoxin a)	NFNC, PA	Limb spasticity, Cervical dystonia, Blepharospasm, Chronic sialorrhea
<b>Daxxify</b>	NFNC, PA	Cervical Dystonia

**PA – Prior Authorization; NFNC – Non-formulary Non-covered**

## Policy

<b>Length of Approval</b>	12 months
<b>Formulary status</b>	Trial and failure of both preferred toxins, Botox and Dysport is required before coverage of a Non-formulary Non-covered (NFNC) toxin like Daxxify, Myobloc or Xeomin. For non-covered medications, the member <b>must</b> also have had a previous treatment failure with, or contraindication to, <b>at least two</b> covered formulary alternatives when available. See section on <a href="#">individual consideration</a> for more information if you require an exception to any of these criteria requirements for an atypical patient.
<b>Member cost share consideration</b>	A higher non-preferred cost share may be applied if an exception request is approved for coverage of a non-preferred or a non-formulary/non-covered drug.

## Criteria for On-label/FDA-approved indications

On-label/FDA-approved indications implies at least 1 of the 4 FDA approved botulinum toxin agents are approved for the indications below.

**Please Note:** Trial and failure of both preferred toxins, Botox and Dysport is required before coverage of a Non-formulary Non-covered (NFNC) toxin like Daxxify, Myobloc or Xeomin. For requests that do not meet this criteria and the following clinical criteria of this policy and an exception is required, please see section labeled [Individual Consideration](#) for additional information on next steps.

Botulinum toxin may be considered **MEDICALLY NECESSARY** for the following indications when the corresponding criteria are met:

1. **Treatment of cervical dystonia** (spasmodic torticollis; applicable whether congenital, due to childbirth injury, or traumatic injury) when **ALL** of the following criteria are met:
  - a. Cervical dystonia must be associated with sustained head tilt or abnormal posturing with limited range of motion in the neck; **AND**
  - b. A history of recurrent involuntary contraction of 1 or more of the muscles of the neck, e.g., sternocleidomastoid, splenius, trapezius, or posterior cervical muscles.

2. **Treatment of dystonia resulting in functional impairment** (interference with joint function, mobility, communication, nutritional intake) and/or pain in individuals with **ANY** of the following:
  - a. Focal upper-limb dystonia (eg, organic writer's cramp); **OR**
  - b. Oromandibular dystonia (orofacial dyskinesia, Meige syndrome); **OR**
  - c. Laryngeal dystonia (adductor spasmodic dysphonia); **OR**
  - d. Idiopathic (primary or genetic) torsion dystonia; **OR**
  - e. Symptomatic (acquired) torsion dystonia.
  
3. **Treatment of upper and lower limb spasticity as well spastic conditions related to:**
  - a. Cerebral palsy
  - b. Stroke
  - c. Acquired spinal cord or brain injury
  - d. Hereditary spastic paraparesis
  - e. Spastic hemiplegia
  - f. Neuromyelitis optica.
  
4. **Multiple sclerosis or Schilder disease**  
 (For additional details on dystonia and spastic condition, see "A" in the [Policy Guidelines section](#)).
  
5. **Treatment of overactive bladder** with symptoms of urge urinary incontinence, urgency, and frequency, in adults who have an inadequate response to or are intolerant of an anticholinergic medication.
  
6. **Treatment of urinary incontinence due to detrusor overactivity associated with a neurologic condition** (e.g., spinal cord injury, multiple sclerosis) in adults who have an inadequate response to or are intolerant of an anticholinergic medication.
  
7. **Prophylaxis of chronic migraine headache in the following situations:**  
**Initial approval duration – 6 months**
  - a. Initial 6-month trial when the following criteria is met:
    - i. Age 18 years and older; **AND**
    - ii. Prescribed by a neurologist, ophthalmologist, or board-certified headache medicine specialist; **AND**
    - iii. Meet International Classification of Headache Disorders diagnostic criteria for chronic migraine headache (i.e.,  $\geq 15$  days/month with duration  $\geq 4$  hours/day); **AND**
    - iv. At least 3-month trial with an inadequate response; OR an adverse reaction; OR a contraindication to at **least TWO** different classes of medications recommended for preventive treatment of migraines (e.g., beta blocker, anti-depressants, antihypertensives, calcium channel blockers, anticonvulsants)
  - b. Continuing treatment beyond 6 months - may be re-authorized when the following criteria is met:
    - i. Migraine headache frequency reduced by at least 7 days per month compared with pretreatment level; **OR**
    - ii. Migraine headache duration reduced at least 100 hours per month compared with pretreatment level

*(For additional details on chronic migraine headache, see “B” in the [Policy Guidelines section](#)).*

8. **Treatment of axillary hyperhidrosis and palmar hyperhidrosis when the following criteria are met:**
  - a. Patient is 18 years of age or older
  - b. Diagnosis of severe primary axillary or palmar hyperhidrosis that is inadequately managed with topical agents (e.g., aluminum chloride)
9. **Treatment of blepharospasm associated with dystonia** or facial nerve (VII) disorders (including hemifacial spasm).
10. **Treatment of strabismus** or misalignment of the eyes (e.g., esotropia, exotropia, hypertropia, hypotropia, etc.)
11. **Treatment of chronic sialorrhea**
  - a. Chronic sialorrhea associated with amyotrophic lateral sclerosis or atypical parkinsonian disorders or cerebral palsy or Parkinson disease or stroke or traumatic brain injury; **AND**
  - b. has experienced excessive salivation for 3 or more months; **AND**
  - c. Refractory to at least 2 months of continuous treatment with at least 1 oral pharmacotherapy (e.g., anticholinergics).

## Criteria for Off-label Indications

Off-label use implies none of the 4 FDA approved botulinum toxin agents are approved or preferred for the indications.

Botulinum toxin may be considered **MEDICALLY NECESSARY** for:

1. **Treatment of esophageal achalasia** in individuals who have not responded to dilation therapy or who are considered poor surgical candidates.
2. **Treatment of chronic anal fissure** in individuals with a history of failure, contraindication, or intolerance to 1 of the following conventional therapies: a. topical nitrates b. topical calcium channel blockers (e.g., diltiazem, nifedipine).
3. **Treatment of individuals with Hirschsprung disease** who develop obstructive symptoms after a pull-through operation.

Use of botulinum toxin is considered **INVESTIGATIONAL** for all other indications not specifically mentioned above, including, but not limited to:

1. Neurological indications such as
  - a. Headaches, except as noted above for prevention of chronic migraine headache including maintenance therapy
  - b. Essential tremor
  - c. Tinnitus
  - d. Chronic motor tic disorder and tics associated with Tourette syndrome (motor tics).
2. Urological indications such as

- a. Benign prostatic hyperplasia
  - b. Interstitial cystitis
  - c. Detrusor sphincteric dyssynergia (after spinal cord injury).
3. Pain due to multiple etiologies such as
    - a. Chronic low back pain
    - b. Joint pain
    - c. Mechanical neck disorders
    - d. Neuropathic pain after neck dissection
    - e. Myofascial pain syndrome
    - f. Temporomandibular joint disorders
    - g. Trigeminal neuralgia
    - h. Pain after hemorrhoidectomy or lumpectomy
    - i. Lateral epicondylitis
    - j. Prevention of pain associated with breast reconstruction after mastectomy.
  4. Ano-rectal conditions such as
    - a. Internal anal sphincter achalasia
    - b. Anismus.
  5. Other miscellaneous conditions such as
    - a. Gastroparesis
    - b. Facial wound healing
    - c. Depression.
  6. Treatment of wrinkles or other cosmetic indications.
  7. Treatment for severe gustatory hyperhidrosis

### **Use in specific populations**

For patient safety, we do not cover any type of botulinum injections for:

- Patients who are on aminoglycoside therapy, as it may increase the risk of problems between the muscles and the nerves.
- Patients with retrobulbar hemorrhages sufficient to compromise retinal circulation.
- Patients with severe laryngeal or respiratory weakness
- Patients with sensitivity or allergy to any type of botulinum injections or known high antibody titers to any type of botulinum injections.

### **Policy Guidelines**

- A. Dystonia is a general term describing a state of abnormal or disordered tonicity of muscle. As an example, achalasia is a dystonia of the lower esophageal sphincter, while cervical dystonia is also known as torticollis. Spasticity is a subset of dystonia, describing a velocity-dependent increase in

tonic-stretch reflexes with exaggerated tendon jerks. Spasticity typically is associated with injuries to the central nervous system. Spasticity is a common feature of cerebral palsy.

- B. International Classification of Headache Disorders (ICHD-3) diagnostic criteria for chronic migraine headache include the following:

Headaches at least 15 days per month for more than 3 months; have features of migraine headache on at least 8 days.

Features of migraine headache:

- Lasts 4 to 72 hours.
- Has at least 2 of the following 4 characteristics:
  - Unilateral
  - Pulsating
  - Moderate or severe pain intensity
  - Aggravates or causes avoidance of routine physical activity.
- Associated with:
  - Nausea and/or vomiting
  - Photophobia and phonophobia.

(In ICHD-2, absence of medication overuse was 1 of the diagnostic criteria for chronic migraine. In the ICHD-3, this criterion was removed from the chronic migraine diagnosis and “medication overuse headache” is now a separate diagnostic category.)

Continuing treatment with botulinum toxin beyond 6 months for chronic migraine includes the following:

The policy includes the requirement that migraine headache frequency be reduced by at least 7 days per month compared with pretreatment level, or that migraine headache duration be reduced by at least 100 hours per month compared with pretreatment level in order to continue treatment beyond 6 months. The 7 days per month represents a 50% reduction in migraine days for individuals who have the lowest possible number of migraine days (ie, 15) that would allow them to meet the ICHD-3 diagnostic criteria for chronic migraine. A 50% reduction in frequency is a common outcome measure for assessing the efficacy of headache treatments.

### Individual Consideration (Atypical Patients)

Our medical policies are written for most people with a given condition. Each policy is based on peer reviewed clinical evidence. We also take into consideration the needs of atypical patient populations and diagnoses.

If the coverage criteria outlined is unlikely to be clinically effective for the prescribed purpose, the health care provider may request an exception to cover the requested medication based on an individual's unique clinical circumstances. This is also referred to as “individual consideration” or an “exception request.”

Some reasons why you may need us to make an exception include: therapeutic contraindications; history of adverse effects; expected to be ineffective or likely to cause harm (physical, mental, or adverse reaction).

To facilitate a thorough and prompt review of an exception request, we encourage the provider to include additional supporting clinical documentation with their request. This may include:

- Clinical notes or supporting clinical statements;
- The name and strength of formulary alternatives tried and failed (if alternatives were tried) and specifics regarding the treatment failure, if applicable;
- Clinical literature from reputable peer reviewed journals;
- References from nationally recognized and approved drug compendia such as American Hospital

Formulary Service® Drug Information (AHFS-DI), Lexi-Drug, Clinical Pharmacology, Micromedex or Drugdex®; and

- References from consensus documents and/or nationally sanctioned guidelines.

Providers may call, fax or mail relevant clinical information, including clinical references for individual patient consideration, to:

Blue Cross Blue Shield of Massachusetts  
Pharmacy Operations Department  
25 Technology Place  
Hingham, MA 02043  
Phone: 1-800-366-7778  
Fax: 1-800-583-6289

***We may also use prescription claims records to establish prior use of formulary alternatives or to show if step therapy criteria has been met. We will require the provider to share additional information when prescription claims data is either not available or the medication fill history fails to establish use of preferred formulary medications or that step therapy criteria has been met.***

**Note:** All requests for outpatient retail pharmacy for indications listed and not listed on the medical policy guidelines may be submitted to BCBSMA Clinical Pharmacy Operations by completing the Prior Authorization [Form](#) on the last page of this document. Physicians may also call BCBSMA Pharmacy Operations department at (800)366-7778 to request a prior authorization/formulary exception verbally. Patients must have pharmacy benefits under their subscriber certificates.

## Prior Authorization Information

### Outpatient

For services described in this policy, see below for products where prior authorization **IS REQUIRED** if the procedure is performed **outpatient**.

	Outpatient
Commercial Managed Care (HMO and POS)	Prior authorization is <b>required</b> .
Commercial PPO and Indemnity	Prior authorization is <b>required</b> .

## CPT Codes / HCPCS Codes / ICD Codes

*Inclusion or exclusion of a code does not constitute or imply member coverage or provider reimbursement. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage as it applies to an individual member.*

*Providers should report all services using the most up-to-date industry-standard procedure, revenue, and diagnosis codes, including modifiers where applicable.*

*The following codes are included below for informational purposes only; this is not an all-inclusive list.*

The above **medical necessity criteria MUST** be met for the following codes to be covered for Commercial Members: Managed Care (HMO and POS), PPO, and Indemnity:

## HCPCS Codes

<b>HCPCS codes:</b>	<b>Code Description</b>
C9160	Injection, daxibotulinumtoxina-lanm, 1 unit (DAXI)
J0585	Injection, onabotulinumtoxin A, 1 unit (Botox)
J0587	Injection, rimabotulinumtoxin B, 100 units (Myobloc)
J0586	Injection, abobotulinumtoxin A, 5 units (Dysport)
J0588	Injection, incobotulinumtoxin A, 1 unit (Xeomin)

## Background

### Botulinum Toxins

This policy refers to the following botulinum toxin types A and B drug products: abobotulinumtoxinA (Dysport), incobotulinumtoxinA (Xeomin), onabotulinumtoxinA (Botox), and rimabotulinumtoxinB (Myobloc). PrabotulinumtoxinA-xvfs (Jeuveau®) was approved by the U.S. Food and Drug Administration (FDA) on February 1, 2019 for cosmetic use and is considered out of scope of the review.

### Regulatory Status

On December 9, 1989, onabotulinumtoxinA (Botox) was approved by the FDA for treatment of ocular dystonias. Since then, its use has been expanded for multiple indications.

On December 8, 2000, rimabotulinumtoxinB (Myobloc) was approved by the FDA for treatment of cervical dystonias. Since then, its use has also been expanded for multiple indications.

On April 29, 2009, abobotulinumtoxinA (Dysport) was approved by the FDA for treatment of cervical dystonias. Since then, its use has been expanded for multiple indications.

On July 30, 2010, incobotulinumtoxinA (Xeomin) was approved by the FDA for treatment of cervical dystonias and blepharospasm. Since then, its use has been expanded for multiple indications.

## Summary of Evidence

For individuals who have esophageal achalasia who fail initial treatment with medications who receive botulinum toxin injections, the evidence includes 2 meta-analyses that included RCTs comparing endoscopic PD or laparoscopic myotomy with botulinum toxin. Relevant outcomes are symptoms, functional outcomes, and treatment-related morbidity. The systematic review reported that PD, as well as laparoscopic myotomy, afforded a higher and statistically significant greater symptom remission rates. OnabotulinumtoxinA was not associated with any serious adverse events while PD resulted in perforation in a few cases. While the evidence was suggestive that PD and surgical myotomy are definitive therapies for esophageal achalasia and are associated with superior long-term outcomes compared with botulinum toxin A, in patients who are not good candidates for PD and/or surgical myotomy, botulinum toxin A may be a reasonable option. Further, botulinum toxin injection has the advantage of being less invasive as compared with surgery and can be easily performed during routine endoscopy. Initial success rates with botulinum toxin are comparable to PD and surgical myotomy. The evidence is sufficient to determine that the technology results in an improvement in the net health outcome.

For individuals with chronic anal fissure who fail medical treatment who receive botulinum toxin injections, the evidence includes 2 meta-analyses. Relevant outcomes are symptoms, health status measures, and treatment-related morbidity. The results of 2 meta-analyses suggest that sphincterotomy is a more effective treatment option for chronic anal fissure compared with botulinum toxin A and is associated with a significantly higher healing rate as well as a lower recurrence rate. However, these meta-analyses report



higher fecal incontinence rates with surgical procedures. Since botulinum toxin A injections are less invasive and do not require the internal sphincter muscle to be divided and, thereby, reduce the risk of fecal incontinence, the injections are preferred for patients who are not good surgical candidates or who want to minimize the likelihood of incontinence. The evidence is sufficient to determine that the technology results in an improvement in the net health outcome.

For individuals with Hirschsprung disease who develop obstructive symptoms after a pull-through operation who receive botulinum toxin injections, the evidence includes 5 case series. Relevant outcomes are symptoms, health status measures, and treatment-related morbidity. The 5-case series included a total of 135 patients with a median follow-up of more than 7 years. In 2 out of the 5 published case series, consistent short-term responses were reported in more than 75% of patients. Long-term follow-up is suggestive of durability of response. The evidence is sufficient to determine that the technology results in an improvement in the net health outcome.

For individuals who have other indications such as neurological indications (non-migraine headaches, essential tremor, tinnitus), urological indications (benign prostatic hyperplasia, interstitial cystitis), pain due to multiple etiologies, other ano-rectal conditions (internal anal sphincter achalasia, anismus) and miscellaneous other conditions (gastroparesis, depression, facial wound healing) who receive botulinum toxin injections, the evidence includes case series and RCTs. Relevant outcomes are symptoms, functional outcomes, medication use, and treatment-related morbidity. Generally, botulinum toxin has been evaluated in clinical settings where patients have failed the standard of care or in whom standard of care interventions are contraindicated. However, in multiple indications with high prevalence rates (e.g., benign prostatic hyperplasia, low back pain, depression, tinnitus, etc.), where multiple effective treatments supported by an adequate quality evidence base are available, studies using a placebo comparator that lack scientific rigor do not permit conclusions about the net health benefit of botulinum toxin. Future studies in these clinical indications should use appropriate comparators in adequately powered prospective studies using a standardized treatment dose and adequate follow-up. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

For individuals who have primary axillary hyperhidrosis who receive botulinum toxin type A or B, the evidence includes systematic reviews and RCTs. Relevant outcomes are symptoms, quality of life, and treatment-related morbidity. Placebo-controlled randomized trials have generally found better outcomes in the botulinum toxin groups. Meta-analyses have showed that botulinum toxin injections significantly decreased sweating in the short (2 to 4 weeks) and long term (16 weeks), and significantly improved Hyperhidrosis Disease Severity Scale scores. Several RCTs have compared different botulinum toxin type A formulations with botulinum toxin type A and B formulations in patients with axillary hyperhidrosis. Although these studies had small sample sizes, their findings suggested that, with appropriate dosage adjustments, there are similar levels of efficacy and adverse events. The evidence is sufficient to determine that the technology results in an improvement in the net health outcome.

## Policy History

Date	Action
7/2024	Updated to make Xeomin, Myobloc and Daxxify non formulary non-covered (NFNC)
4/2024	Updated to remove Pregnancy as a reason for denial.
1/2024	Clarified coding information.
11/2023	Reformatted policy.
9/2023	Reformatted policy. Updated IC to align with 118E MGL § 51A. Updated criteria for treatment of severe hyperhidrosis for clarity. Updated to include new FDA-approved toxin - Daxxify
6/2023	Updated template. Updated approved indications to include blepharospasms and examples of strabismus. Removed age criteria of 5 years and older for treatment of urinary incontinence
7/2021	Updated to include Botox & Dysport preferred.

4/2021	Updated detrusor overactivity criteria with age and clarified coding in strabismus and blepharospasm.
12/2020	BCBSA National medical policy review. No changes to policy statements. New references added.
10/2020	Clarified coding information
4/2020	Updated Chronic Migraine preventative medication list and definition.
11/2019	Updated to include new indications and criteria for Dysport.
8/2019	Updated to include new FDA indication - the treatment of upper limb spasticity in pediatric patients 2 to 17 years of age.
11/2018	BCBSA National medical policy review. No changes to policy statements. New references added.
11/2018	Updated new FDA indication for chronic sialorrhea.
6/2018	Updated to clarify coverage and to add Specialty Pharmacy link.
1/2018	Updated to add Dysport's updated spasticity FDA indication.
07/2017	Updated to Prefer Dysport & Botox and to include hyperhidrosis to this policy and retired policy 405. Clarified coding information.
11/2015	Clarified coding information.
7/2014	Updated Coding section with ICD10 procedure and diagnosis codes, effective 10/2015.
3/2014	Updated to include adding the sub specialty of board certified headache medicine.
1/2014	Updated to remove Blue Value.
12/2012	Updated to add new CPT code 64615 effective 1/1/2013.
10/2012	Updated to reclassify as a pharmacy medical policy.
11/2011-4/2012	Medical policy ICD 10 remediation: Formatting, editing and coding updates. No changes to policy statements.
7/2012	Updated to clarify coverage criteria and coding for Dysport™ (abobotulinumtoxin A), add diagnosis codes for cervical dystonia, clarify the patient safety section, and add ophthalmologist under migraine criteria.
1/2012	Reviewed - Medical Policy Group - Neurology and Neurosurgery. No changes to policy statements.
11/2011	Reviewed - Medical Policy Group - Plastic Surgery and Dermatology. No changes to policy statements.
5/2011	Updated to include coverage criteria for new FDA approved indication of migraine for Botox
2/2011	Reviewed - Medical Policy Group - Psychiatry and Ophthalmology. No changes to policy statements.
1/2011	Reviewed - Medical Policy Group - Neurology and Neurosurgery. No changes to policy statements.
12/2010	Reviewed - Medical Policy Group - Plastic Surgery and Dermatology. No changes to policy statements.
12/2010	Updated to include coverage criteria for new FDA-approved product Xeomin® (incobotulinumtoxin A).
6/2010	Updated to include coverage criteria for new FDA-approved product Dysport™ (abobotulinumtoxin A).
6/2010	BCBSA National medical policy review. Changes to policy statements.
2/2010	Reviewed - Medical Policy Group - Psychiatry and Ophthalmology. No changes to policy statements.
1/2010	Reviewed - Medical Policy Group - Neurology and Neurosurgery. No changes to policy statements.
1/2010	Updated to include 10/1 UM requirements.
12/2009	Reviewed - Medical Policy Group - Plastic Surgery and Dermatology. No changes to policy statements.
12/2009	Updated to remove coverage of Botulinum Type B, Myobloc™ for all types of hyperhidrosis.

2/2009	Reviewed - Medical Policy Group - Psychiatry and Ophthalmology. No changes to policy statements.
1/2009	Reviewed - Medical Policy Group - Neurology and Neurosurgery. No changes to policy statements.
12/2008	Reviewed - Medical Policy Group - Plastic Surgery and Dermatology. No changes to policy statements.
1/2008	Reviewed - Medical Policy Group - Neurology and Neurosurgery. No changes to policy statements.
12/2007	Reviewed - Medical Policy Group - Plastic Surgery and Dermatology. No changes to policy statements.
1/2007	Reviewed - Medical Policy Group - Neurology and Neurosurgery. No changes to policy statements.
1/2007	BCBSA National medical policy review. Changes to policy statements.
1/1/2001	New policy, effective 1/1/2001, describing covered and non-covered indications.

### Information Pertaining to All Blue Cross Blue Shield Medical Policies

Click on any of the following terms to access the relevant information:

[Medical Policy Terms of Use ref](#)

[Managed Care Guidelines](#)

[Indemnity/PPO Guidelines](#)

[Clinical Exception Process](#)

[Medical Technology Assessment Guidelines](#)

### Forms

To request prior authorization using the Massachusetts Standard Form for Medication Prior Authorization Requests (eForm), click the link below:

<https://www.bluecrossma.org/medical-policies/sites/g/files/cspkws2091/files/acquiadam-assets/023%20E%20Form%20medication%20prior%20auth%20instruction%20prn.pdf>

OR

Print and fax, **Massachusetts Standard Form for Medication Prior Authorization Requests #434**

### Endnotes

1. FDA-approved indications
2. From National Blue Cross Blue Shield Association policy 5.01.05
3. Local Medicare policy <http://www.medicarenhic.com/> and CMS guidelines  
[http://www.hcfa.gov/pubforms/14%5Fcar/3b2049.htm#\\_1\\_7](http://www.hcfa.gov/pubforms/14%5Fcar/3b2049.htm#_1_7).

### References

#5.01.05

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2. Wang L, Li YM, Li L. Meta-analysis of randomized and controlled treatment trials for achalasia. *Dig Dis Sci.* Nov 2009; 54(11): 2303-11. PMID 19107596

3. Smith CD, Stival A, Howell DL, et al. Endoscopic therapy for achalasia before Heller myotomy results in worse outcomes than heller myotomy alone. *Ann Surg.* May 2006; 243(5): 579-84; discussion 584-6. PMID 16632991
4. Chen HL, Woo XB, Wang HS, et al. Botulinum toxin injection versus lateral internal sphincterotomy for chronic anal fissure: a meta-analysis of randomized control trials. *Tech Coloproctol.* Aug 2014; 18(8): 693-8. PMID 24500725
5. Nelson RL, Thomas K, Morgan J, et al. Non surgical therapy for anal fissure. *Cochrane Database Syst Rev.* Feb 15 2012; (2): CD003431. PMID 22336789
6. Koivusalo AI, Pakarinen MP, Rintala RJ. Botox injection treatment for anal outlet obstruction in patients with internal anal sphincter achalasia and Hirschsprung's disease. *Pediatr Surg Int.* Oct 2009; 25(10): 873-6. PMID 19662428
7. Minkes RK, Langer JC. A prospective study of botulinum toxin for internal anal sphincter hypertonicity in children with Hirschsprung's disease. *J Pediatr Surg.* Dec 2000; 35(12): 1733-6. PMID 11101725
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